



*Founded 1976*

# Sunnyvale Alliance Soccer Club

## Fall 2025 Coaches Meeting

Wednesday, August 13<sup>th</sup> 2025 @ 7:00pm



**Andrew Ransome**  
SASC Director of Coaching  
[DOC@sunnyvalesoccer.org](mailto:DOC@sunnyvalesoccer.org)



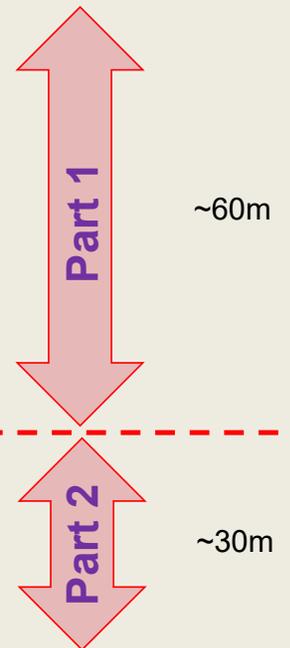
**Gail Giansiracusa**  
SASC Recreational Director  
[recreation@sunnyvalesoccer.org](mailto:recreation@sunnyvalesoccer.org)

# Agenda

- Preliminaries
  - Introductions, background, requirements
- Fall 2025 Logistics
  - Timetable
  - Game day details
  - Practices

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- Coaching Recreational Soccer
  - Know your players, parents and the game



Note that this presentation will be posted to the SASC website for later reference



# Introductions and Contacts

<b>Recreational Director</b>	<b>Gail Giansiracusa</b>	<a href="mailto:recreation@sunnyvalesoccer.org">recreation@sunnyvalesoccer.org</a>
<b>Recreational Registrar</b>	<b>Melissa Arias</b>	<a href="mailto:recregistration@sunnyvalesoccer.org">recregistration@sunnyvalesoccer.org</a>
<b>Director of Coaching</b>	<b>Andrew Ransome</b>	<a href="mailto:doc@sunnyvalesoccer.org">doc@sunnyvalesoccer.org</a>
<b>Scheduler</b>	<b>Garry Epps</b>	<a href="mailto:gepps@employees.org">gepps@employees.org</a>



# Sunnyvale Alliance Soccer Club (SASC)



## Our Mission:

**Provide diverse and inclusive soccer opportunities within our community that foster leadership, development and passion for the game.**

*Founded 1976*

## SASC Supporting the Sunnyvale Community

1500+ kids playing soccer  
from 4-18 years old

Robust  
Financial Aid  
Program

100+ adult  
volunteers  
(coaches, ...)

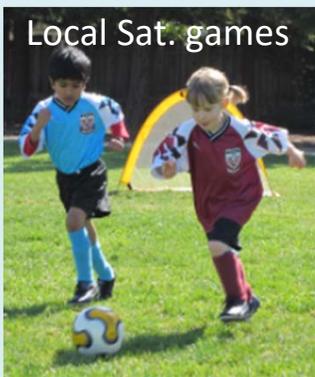
Pathways to all  
levels of play

Referee  
training and  
employment

# SASC Rec. & Comp. Soccer

## Recreational Program

Local Sat. games



Referee training



Volunteer Coach



Play with friends

## Competitive Program

League & Tournament Play



Professional Coach



Away Games



# SASC Recreational Soccer

## **Safety**

- Compliance with Federal/State mandated safety training (SafeSport, etc...)
- AB506 Mandatory Reporter Training (Document/Quiz)
- 2x Background checked adults at all practices and games
- Penultimate player policy
- Coach training; proper technique; equipment; weather policy

## **Fun, excitement, & skill development**

- Appropriate activities
- Avoid lines, laps & lectures

## **Equal chance to play**

- Rotate starters and positions
- Game/score management

## **Positive & Supportive environment**

- Mistakes are part of learning
- Thank opponents/officials



# Mandatory Requirements for all Coaches

- There are FOUR Federal & State legal requirements that MUST be completed
- Check your “Dashboard” on GotSport



USYS	Expiration Date	25/26	26/27	
California North Youth Soccer Association Requirements				
Live Scan - SCOTTS VALLEY	None	Fulfilled	Fulfilled	Details
1 Live Scan	None	Fulfilled	Fulfilled	Details
2 Safe Sport	07/31/2026	Fulfilled	Expired	Details
3 Intro to Safety	07/31/2026	Fulfilled	Expired	Details
4 Background Check	07/31/2026	Fulfilled	Expired	Details

← IGNORE

## Detailed instructions on SASC website under “Online Registration→All Coaches/Adults”

- We will ~~pester~~ work with coaches who have incomplete requirements

Coach Name	Live Scan cleared	Background check completed	Intro to Safety training	Safe Sport training	Mandated Reporter AB506
A	Not Started	Not Started	Not Started	Not Started	
B	Pending	Cleared	Cleared	Cleared	cert received
C	Not Started	Not Started	Not Started	Not Started	
D	Cleared	Cleared	Cleared	Cleared	
E	Cleared	Cleared	Expired	Cleared	

Note: “Mandated Reporter: AB506” only applies to returning coaches

U14+ coaches have slightly different requirements



# Coaching

## Interactions



# Upcoming Dates

<b>Wednesday, August 13<sup>th</sup></b>	<ul style="list-style-type: none"> <li>Coaches Meeting (online)</li> </ul>
<b>Saturday, August 16<sup>th</sup></b>	<ul style="list-style-type: none"> <li>On-field Coach Training (coaches only)</li> <li>Uniforms &amp; Equipment pick up</li> <li><del>CPR practice</del></li> </ul>
<b>Week of August 18<sup>th</sup></b>	<ul style="list-style-type: none"> <li>Contact players, set up a team meeting</li> <li>Finish all required trainings</li> </ul>
<b>Saturday, August 23<sup>rd</sup></b>	
<b>Week of August 25<sup>th</sup></b>	<ul style="list-style-type: none"> <li>First week of practices (inc. U6/U8)</li> <li>Game schedules released</li> <li>Cleat Exchange (Wed Aug 27)</li> </ul>
<b>Saturday, August 30<sup>th</sup></b>	
<b>Week of September 1<sup>st</sup></b>	<ul style="list-style-type: none"> <li>Second week of practices</li> <li>U6 &amp; U7/8 Parent Referee clinics</li> </ul>
<b>Saturday, September 6<sup>th</sup></b>	<b>First game day (week #1)</b>
<b>Sunday, September 21<sup>st</sup></b>	Picture Day, location tbd (backup day Sat Oct 4 <sup>th</sup> )
<b>Saturday, November 8<sup>th</sup></b>	<b>Last game day (week #10)</b>

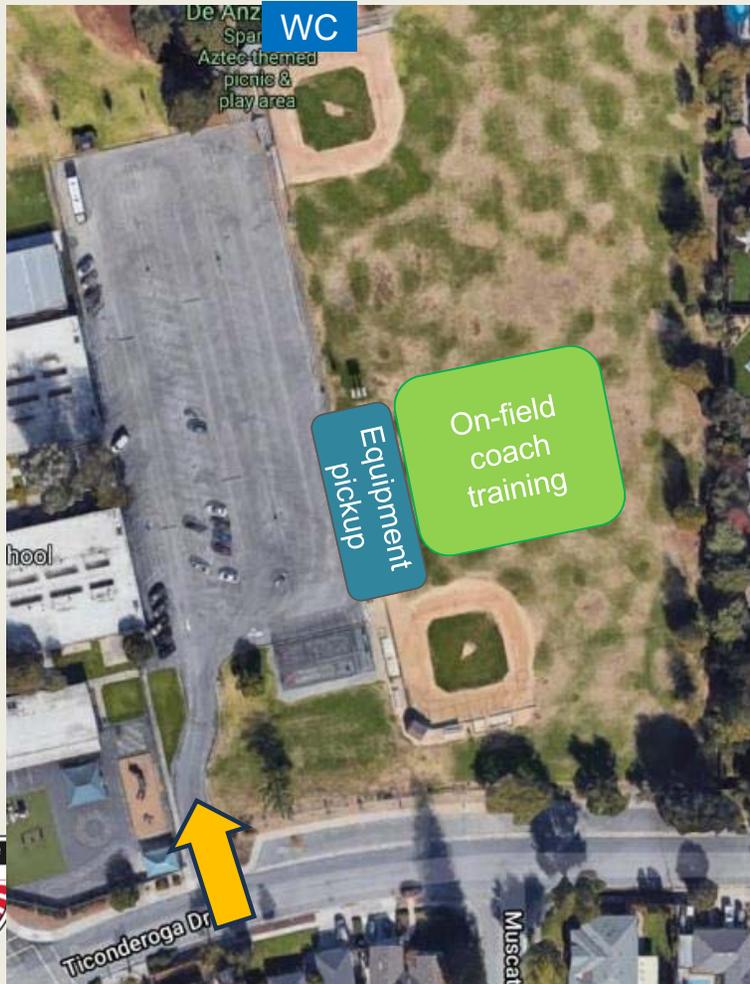
**Coach must be cleared before any practices / games**



# Coach Training + Equipment Pickup

DeAnza Park, enter via Ticonderoga Dr.

Saturday,  
August 16<sup>th</sup>



On-Field Coach Training	
9:00 – 10:00am	U6
10:00 – 11:00am	U7/8 (incl. GK)
11:00 – 12:00pm	U10+

<del>CPR Practice</del>	
<del>9:30am – 12:00pm</del>	

Equipment / Uniform pickup	
8:30am – 12:00pm	

- New coaches will get a full set of equipment
- Returning coaches who still have equipment can request specific items using “the form”

# Uniforms and Equipment provided

## **Equipment:**

- U6 Only: 1 set of Pugg Goals
- Soccer Balls: max. 8 per team
- Ball Pump
- Flat cones (large and small)
- Coaching sticks (U7+)
- Pinnies for each player
- First-Aid Kit, Ice Packs
- Goalkeeper Jersey (U7+ 2x per team)
- Goalkeeper Gloves (U7+ 2x per team)

All are returned after the season

## **Uniforms:**

- Jersey, Shorts, Socks for each player  
(players are responsible for their own mandatory shin-guards)
- Coach Shirt } New coaches only
- Coach Hat }

These do not get returned

All SASC players & coaches get a discount at the  
SASC approved equipment vendor:

**SoccerKraze**

797 W. Hamilton Ave, Campbell, CA 95008



# Rosters & Schedules - BYGA

Event	When	Details
A player is registered	ongoing	<ul style="list-style-type: none"> <li>All listed parents are added as “player contacts” (if first time user, they receive an email asking to confirm the email address)</li> </ul>
We create teams in BYGA	~Aug 15	<ul style="list-style-type: none"> <li>e.g. “U8G-James” or “U8G-TEAM4” (depending if the coach is fully cleared)</li> </ul>
Coach is cleared	ongoing	<ul style="list-style-type: none"> <li>BYGA team name changed</li> <li>Coach is added as “staff” to their BYGA team (Head Coach, Asst. Coach)</li> <li>Can now add schedule events (practices, meetings, etc...), see availability of players to games</li> </ul>
We load rosters into BYGA	~Aug 16	<ul style="list-style-type: none"> <li>Players added to their BYGA teams</li> <li>They are emailed saying they are on that team</li> <li>They (you) can see complete team roster</li> </ul>
Schedules generated	Aug 18...	<ul style="list-style-type: none"> <li>All coach constraints provided by Sunday Aug 17<sup>th</sup></li> </ul>
Schedules published	~Aug 24	<ul style="list-style-type: none"> <li>Games are loaded into each team’s BYGA calendar</li> <li>Automatically visible to mobile devices if you have “subscribed” to the team calendar</li> <li>Schedule changes (rare) are automatically updated in the calendar</li> </ul>



# BYGA Calendar



< today Aug 11 - 17, 2025 month week day list Subscribe/Export

	Mon 8/11	Tue 8/12	Wed 8/13	Thu 8/14	Fri 8/15	Sat 8/16	Sun 8/17
all-day							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							

Pacific Time (US & Canada) Practice Game Other Draft Cancelled Full day (8am to 10pm)

Parents with multiple players will see all games on their calendar

Click this to subscribe to the calendar (from your iPhone, etc...)

All games will automatically appear here.  
You must add your practices, and any meetings/parties, events...



# BYGA team page



You'll only use these

Attendance to each event

Send email to team

::: 2024 - 25 :::



Settin
Staff
Email

**U10B-Hendricks**

League: Spring 2025  
Recreational League

**Team Staff**

James Hendricks	Head Coach	
Daniel Westman	Assistant Coach	

Roster
Attendance
Chat
Planning
Competitions

Statistics

< ☰ >

	vs U10B- Harry Saturday May 3 09:00am	Practice Wednesday May 7 05:00pm	at U10B- Husain Saturday May 10 11:30am	Practice Wednesday May 14 05:00pm	vs U10B- Fontejon Saturday May 17 11:30am
	9	7	7	9	9
L. Skywalker				✗	✓
D. Vader	✓	✓	✓	✓	✓
N. Body					
P. Leia	✓		✗	✓	✓
Y. Oda	✓	✓	✓	✓	✓
C. Bacca	✓	✓	✓	✓	✓
H. Solo	✓		✗	✓	
K. Ren	✓	✓	✓	✓	✓
D. Ridley	✓	✓	✓	✓	✓
A. Skywalker	✓	✓	✓	✓	✓
F. Flinstone	✓	✓	✓	✓	✓

BYGA also has a downloadable app. Not required to use.

14

# What you need to do...

- If not already, complete the registration process ASAP
  - **Livescan, Background Check, SafeSport & Intro to Safety Training**
- Paperwork
  - Submit form to request additional equipment if needed
  - Select uniform color for your team
  - Provide any scheduling constraints (by the end of Sunday August 17<sup>th</sup>)
- Come to **DeAnza Park** – Saturday, August 16<sup>th</sup>
  - Age-appropriate **coach training** sessions with Coach Andrew
  - Pick up your **equipment & uniforms**, even practice CPR!
- **Communicate with your team**
  - Contact players, hold a parents meeting (Zoom?)
  - Recruit assistant coach(es) → get them registered
  - Select your practice time & location
- Start practicing



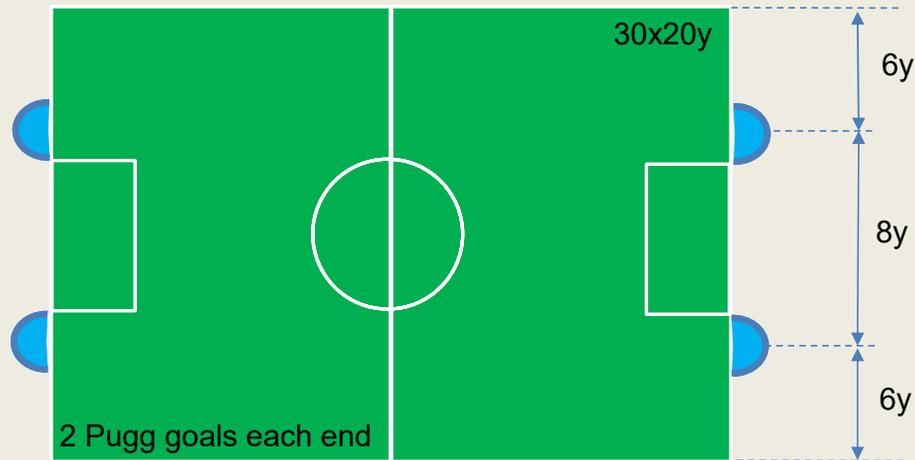
Check  
your  
email for  
links

PLAY



# Game Format for U6

- 3v3 ideal format (4v4 if needed)
- Two goals for each team at each end
  - Located just outside the painted goal box
- Kick-ins
- Goal kicks – taken from goal box, opponents retreat to center circle
- Corner kicks – taken from closest corner or the center of the goal-line (between the goals)
- Parent referee

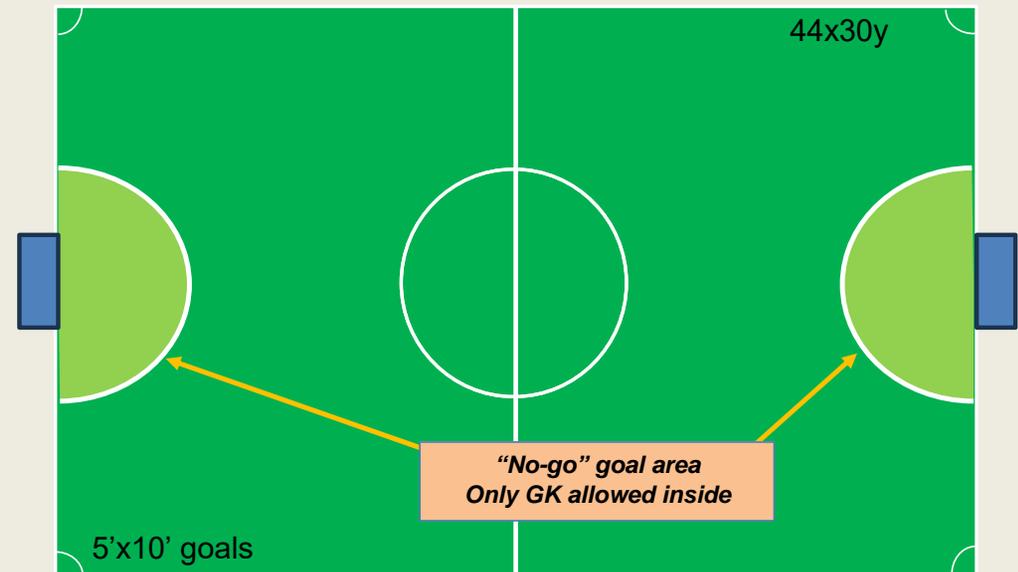


# Game Format for U7-U8

- 5v5 (4 + GK)
- Throw-ins
- Corner kicks with flags
- “Build-out” line (half)
- No-Go goal area
- Goal kicks taken anywhere in semi-circle
- Club referees

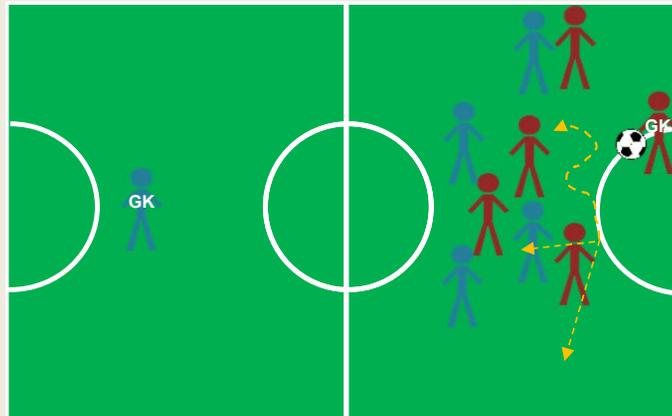
## **Protecting the Goalie**

*If a player from either team, other than the GK, plays the ball in the No-Go goal area, the resulting restart is a goal-kick*



# Build-Out Line (U7-8 - 5v5)

- All opposing players must retreat to the half-way line whenever the GK has possession of the ball (in hands or goal kicks)
- Goal kicks are taken anywhere inside the semi-circle



NOTE - GK is not allowed to punt or drop-kick the ball.  
Must throw, roll, pass or dribble the ball into play.



Goal Keeper: Live Ball Restart  
1: Throw



Goal Keeper: Live Ball Restart  
2: Roll



Goal Keeper: Live Ball Restart  
3: Pass

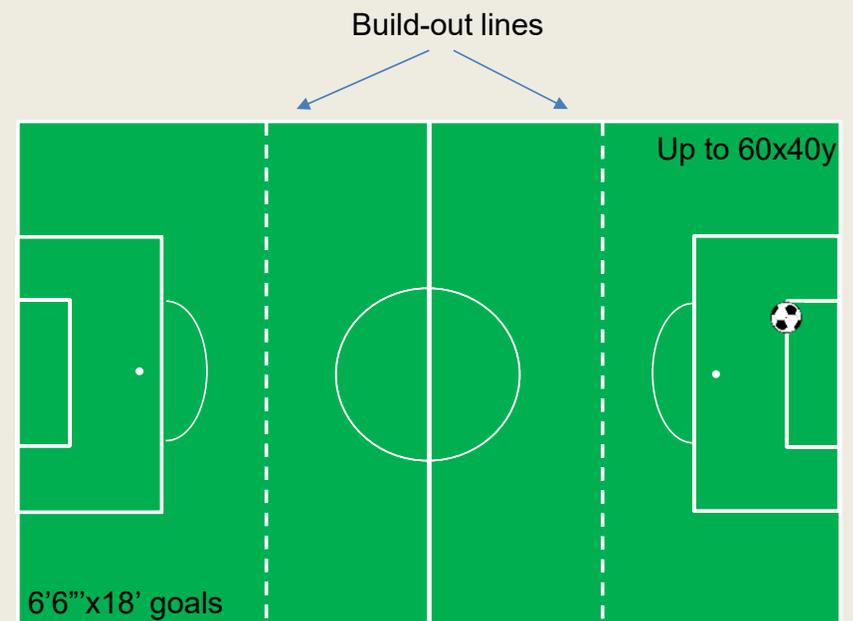


Goal Keeper: Live Ball Restart  
4: Dribble



# Game Format for U10

- 7v7 (6 + GK)
  - Fall25 only: U10 Girls play 6 v 6 (5 + GK)
- Build-out lines are now painted on the field
  - Halfway between center circle and top of penalty box
- Offside law – only if “obvious”
  - Furthest build-out line is new offside line
  - Reminder - U10 is a single-ref system
- Penalty area + Goal box
  - No more No-Go zone
  - Goal kicks are taken from goal box
- Direct and Indirect Free Kicks



NOTE - GK is not allowed to punt or drop-kick the ball.  
Must throw, roll, pass or dribble the ball into play.

If no build-out line is marked,  
then the edge of the center circle  
will represent the build-out line



# Game Formats – U12+

## U12

- 9v9 (8 + GK)
  - *Fall25 only: Girls might play 8 v 8 (7 + GK) - tbd*
- 75 x 45-yd field, 6'6" x 18' goals
- No build-out lines
- + **Assistant Referees** (FIFA offside, substitutions)

## U14+

- 11 v 11
- up to 110 x 80-yd field (110x60), 8' x 24' goals
- **Heading allowed**
- **FIFA laws**



# Fall '25 Game-Day Fields

Age	Format	Location
U6	3v3 - 4v4	Serra Park
U7B	5v5	West Valley Elementary
U8	5v5	
U10	7v7 - Boys 6v6 - Girls	DeAnza Park
U12	9v9 *	Cupertino Middle School
U14+	11v11	Columbia Middle School (South)



Game schedules and field-specific information will be on your BYGA calendar, as well as the SASC website:  
**Recreational Soccer → Game Schedules/Fields**

# U6 - Serra Park

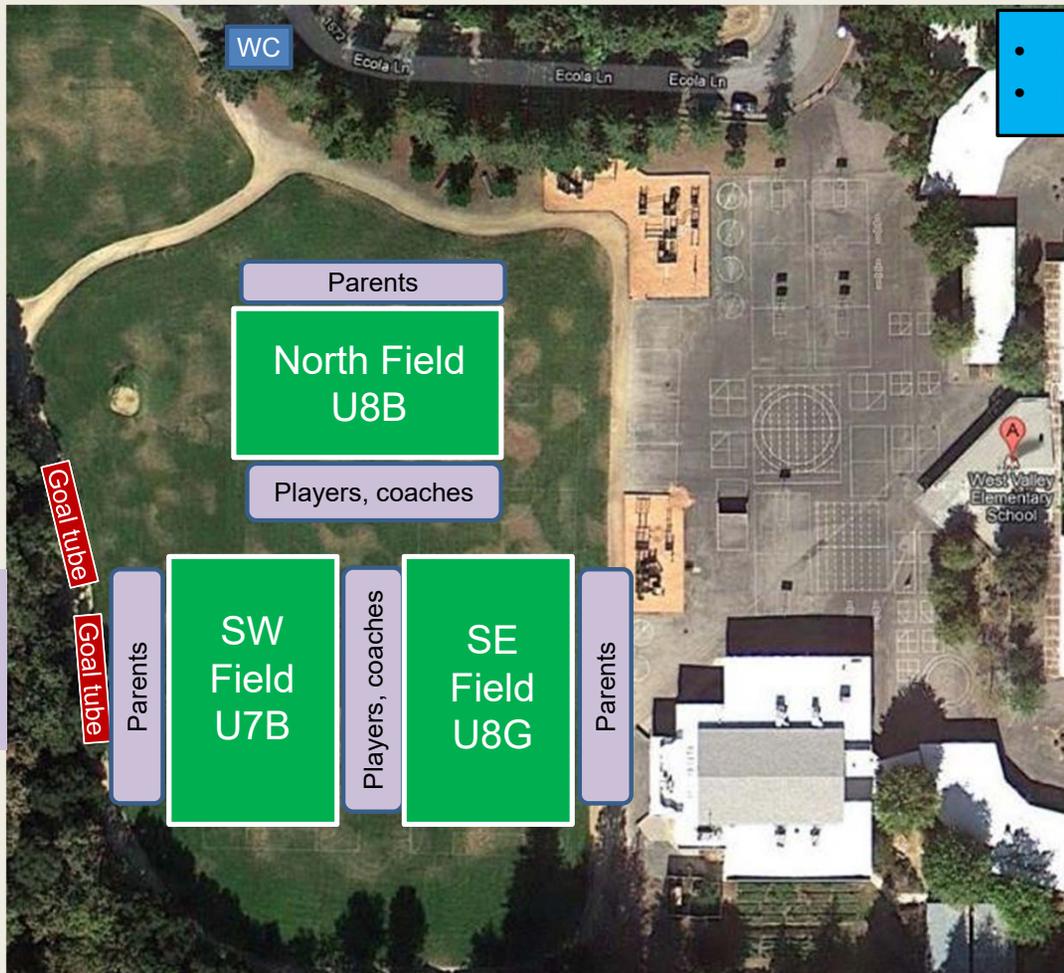
Coaches bring Pugg goals to all games



- ### Referees
- All U6 games are refereed by parent refs (Not the coach)
  - Each team needs to have one parent attend preseason referee training (Not the coach)



# U7/8 - West Valley Elementary



- First teams set up goals, unlock port-a-pottie
- Last teams take down goals, lock port-a-pottie

## Referees

- Our goal is to have all U7/8 games refereed by club referees (usually brand-new 'professional' teenagers)
- It's possible we won't be able to cover all games, so each team needs to have one parent (not the coach) willing to step in to referee. They should attend a pre-season U7 referee clinic

It is possible that there will be one date this season where this location is unavailable. More details later...

Bellevue Dr.



# U10 – De Anza Park



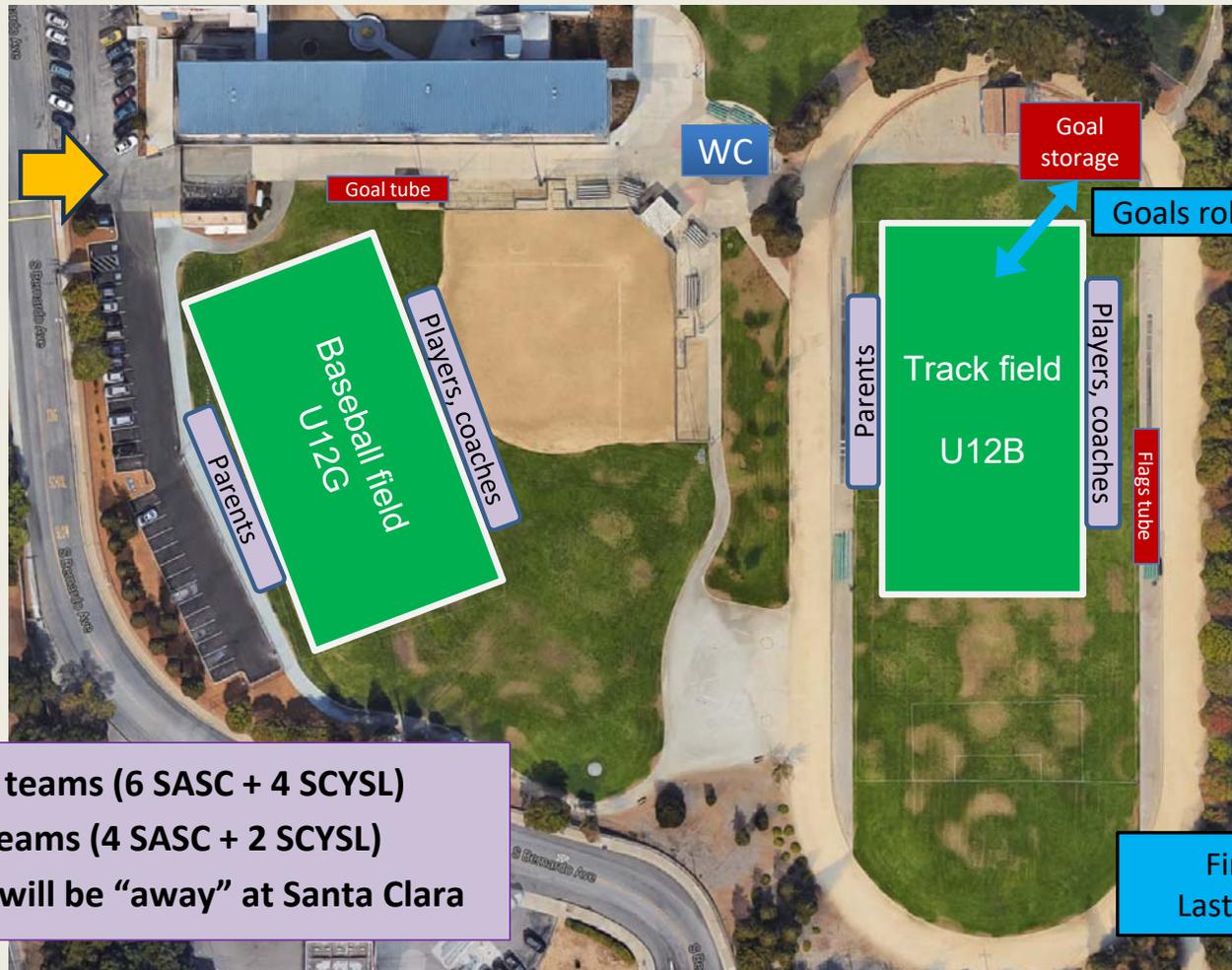
Access DeAnza Park via Ticonderoga Dr.

First teams set up goals  
Last teams take down goals



# U12 – Cupertino Middle School

Home games



**U12 Boys: 10 teams (6 SASC + 4 SCYSL)**  
**U12 Girls: 6 teams (4 SASC + 2 SCYSL)**  
Some games will be "away" at Santa Clara

First teams set up goals  
Last teams take down goals

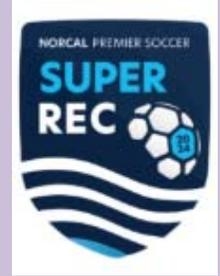


# U14+ (11v11) Columbia Middle School

(Home games only)



- U14B : 3x SASC teams
- U14G : 1x SASC teams
- U16+B : 3x SASC teams
- U16+G : 2x SASC teams



All home games @ Columbia Middle School

First teams rolls out goals/flags, unlock tube  
(corner flags in the marked tube)  
Last teams return the goals/flags, lock tube

If no one is warming up after you, then store the goals  
All games will normally be bunched together



# NorCal “Super Rec” League

- 10 weeks: 9/6/25 ... 11/9/25
  - 8-10 games
- 

- Home & Away games
  - Official schedule provided on GotSport website
    - Automatically imported into your BYGA calendar
    - Games could be any time on Saturday (AM or PM)
    - SASC assigns your home game times
    - Opponents assign your away game time/location
- 

- Please remember - it’s a rec league!
  - No scores/standings kept, and good behavior expected
- You must set up both goals for home games
  - Please allow sufficient time for your visiting opponent to have use of a goal before the game



# [optional] End of season tournament

## Cal North District 2 Recreational Cup

### Dates of play:

Nov 15-16, 2025

### Registration Fees:

U8 = \$495

U10 = \$550

U12 = \$595

U14 = \$650



### Entry Details:

Open to U8, U10, U12, and U14 recreational teams both Boys and Girls

Only teams from Cal North's District 2 Affiliated Members may enter.

Teams will be accepted on an as needed basis.

### Registration Deadline:

The registration deadline for this event is tbd

### Tournament Format:

Teams will play a minimum of 3 games with the possibility of a 4th.

### Awards:

Awards will be given to the 1st and 2nd place teams.

### Location:

Milpitas Sports Complex in Milpitas, CA

Fields will be subject to change.

### Contact:

For questions or concerns, do not hesitate to contact the Cal North Office at (925) 426-5437



- Teams must apply to enter
- Additional cost
- Player cards needed
- SASC teams can combine
- Talk to Gail if interested



**Other tournaments available too**

# Game Day Procedures

## Lock Box

- Contains the key for the tubes & port-a-pottie (if applicable)
- Combination will be provided
- **MAKE SURE YOU IMMEDIATELY RETURN THE KEY TO THE LOCK BOX**

## Port-a-potties

- First game: **unlock**, Last game: **lock**

## Goal Assembly (U7,8,10,12)

- First game unlock tubes and erect goals and corner flags
- Last game make sure goals/flags are put away and tubes locked
- **Goals must be fully-anchored (minimum 4 anchors per goal)**
- Detailed assembly instructions for each field is on our website (and in the tube)
- Make sure painting equipment is kept easily available (put back last)



# Roll-out goals



Roll-outs used for:

- U12 (Cumberland Middle School-Back Field)
- U14+ (Columbia Middle School)

Must be stored at specified location (and locked!)



# Field Safety (Boundaries)

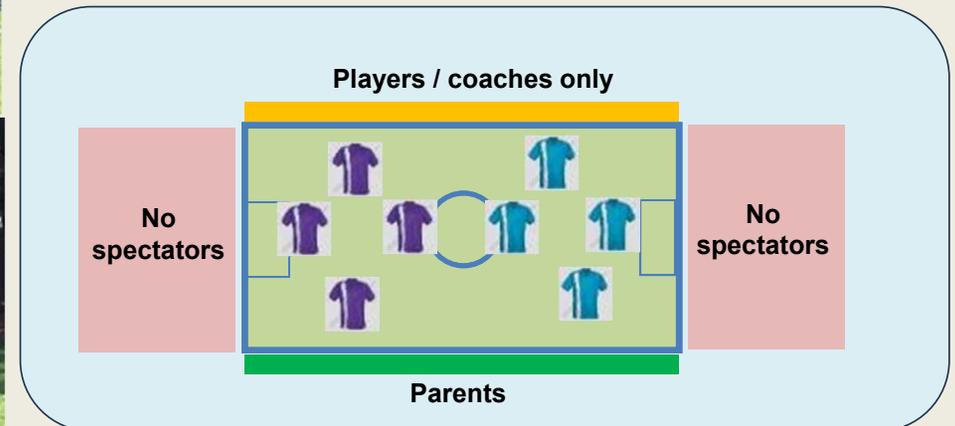


## Is the field safe?

- Are goals anchored?
- Check field (sticks, holes, dogs...)
- Sideline "buffer" zone?

## Is the environment safe?

- Players only on the field?
- Is it "safe" to attack the goal?
- Parents on opposite side of field to players?



# Rules for Refereed games (U7+)

- Unlimited subbing at any stoppage - with the permission of the referee
  - Coaches must have subs ready at the half line to prevent delaying the game
- No heading is permitted until U14+
- No slide tackling is permitted until U12+
  - Only 'clean' slide tackling is allowed. Any attempt to slide tackle with cleats up, or using both feet, or from behind will result in a yellow card
  - Any hard or dangerous contact with an opponent is a red card
- No jewelry
  - Earrings, bracelets, necklaces, rings, nose-rings etc. not permitted
  - Earrings with tape will not be permitted
- Shin-guards must be covered by socks
- Missing referee
  - Coaches should be prepared to provide a referee if one does not arrive by scheduled kick-off time

Ref's call is always the "official" call, regardless of what others think



# Officials / Referees



## Why do we train them?

- Good club reputation
- When/where else would they learn?
- Retention rate (low %)

## What if it were your kid refereeing?

- Would you shout?

## Does it matter?

- Goal-kick vs. Corner-kick?
- Free-kick (us/them?)
- Throw-in (us/them?)

***Remember...  
it's just kids playing a game!***



# Game Cancellations / Reschedules

- The City of Sunnyvale decides whether fields are closed for rain (early Saturday AM)
- If fields are closed, all games are cancelled
- Field status is posted on SASC homepage, emailed via BYGA

SASC will also stop activities if air-quality is poor

- No official make-up games for cancellations
- This is a recreational league, and we don't support reschedules in the same way as competitive leagues
- Two coaches may mutually agree to cancel their scheduled game **if absolutely necessary**
  - You may choose to play at another time or place. However, SASC cannot provide a field or referees for such a game
  - We always urge you to play the game – even with less players
- **For any cancellation or change, you must contact the Rec Game Scheduler by Wednesday prior to your game in order for the referee(s) to be officially informed**
- Please do NOT ever contact the Referee Assigner directly

## SASC Field Status

All City of Sunnyvale fields are open

05-May-2024 08:26:51am



# Practices

## Practice Expectations:

- U6 once per week, 45-60 minutes
  - U7-8 once per week, up to 60 minutes
  - U10 once per week, 60 minutes
  - U12+ once-twice per week, 60-90 minutes
- 
- SASC has permits for several city fields for the season
    - These are unassigned – shared by interested SASC teams
    - Work with other coaches to find a fit/train alongside
  - You can also practice on fields other than above, but...
    - Must be in Sunnyvale City limits or check with Rec Coordinator
    - Must yield to other users of fields who have a permit (incl. SASC comp teams)



# Penultimate Player Policy

**Avoid being the first/last adult there with just one kid (not your own)**

**Penultimate player policy:**  
Coach cannot be alone with any player (except their own child)

	 + 
	 + 
	 + 

# U6-U8 Centralized Training Program

All this is on the SASC website: [Recreational Soccer → U6-U8 Program Information](#)

SASC provides a centralized assisted training program for U6-8 teams

- Coaches are free to opt out of this and choose their own time/location
  - Be aware - parents may be expecting that practices are either Wednesday or Friday
- Each week, SASC DOC (Coach Andrew) will provide a practice plan ahead of time and be available to explain/demonstrate each activity on the day
- Coaches must be present at all time
  - Don't forget to bring your soccer equipment (goals, balls, cones, pinnies, ...)

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## **Wednesday:** Serra Park

- U6: 5:00 – 5:45pm
- U7/8: 6:00 – 7:00pm

Practice sessions  
start week of Aug 25

## **Friday:** Fair Oaks Park

- U6 + U7/8: Any time between 4:30 – 6:00 (Coach Andrew only available 4:30-5:30)

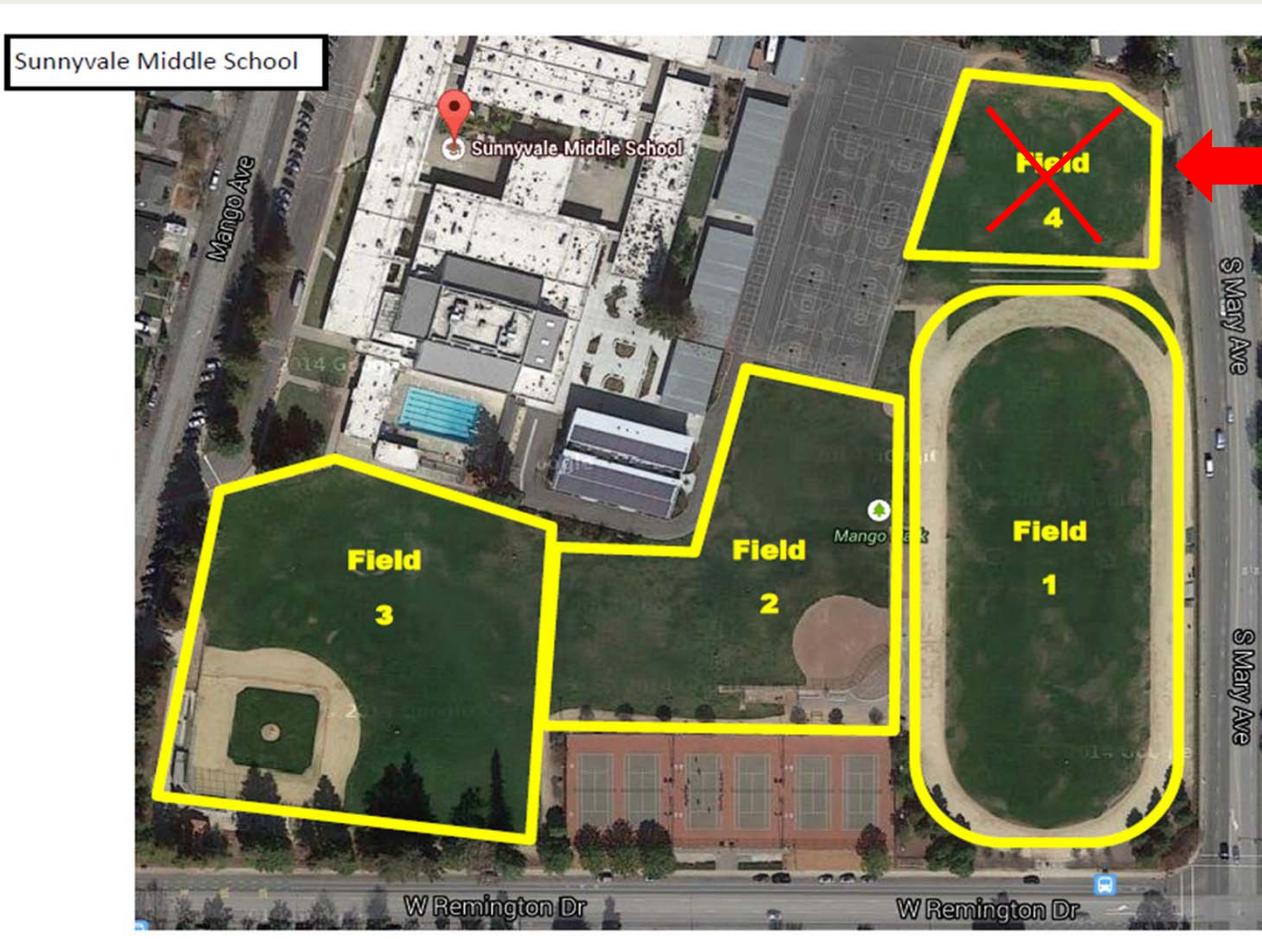


# Permitted Practice Fields – Fall 2025

Field	M	T	W	Th	F	Time
Bishop Elem.	✓	✓	✓	✓	✓	5:15-7:15
Cherry Chase Elem.	COMP USE ONLY					5:00-7:30
Columbia MS	✓	✓	✓	✓	✓	5:30-7:30
Cumberland Elem.	✓				✓	5:00-7:00
Cupertino MS (track/softball)	✓	✓	✓	✓	✓	6:00-7:30
Cupertino MS (baseball)	COMP USE ONLY				✓	6:00-7:30
DeAnza Park	COMP					4:00-7:00
Ellis Elem.	✓	✓	✓	✓	✓	5:00-7:30
Challenger School/Hollenbeck	COMP				✓	5:00-7:15
Nimitz Elem.	✓	✓	✓	✓		6:00-7:30
Serra Park	✓	✓	U6/8	✓	✓	4:00-7:30
San Miguel Elem.	✓	✓	✓	✓	✓	5:00-7:30
Sunnyvale MS-1,2	✓	✓	✓	✓	✓	5:30-7:30
Sunnyvale MS-3	✓				✓	5:30-7:30
Vargas Elem.	✓	✓	✓	✓		5:00-7:30
West Valley Elem.	✓	✓	✓	✓		5:00-7:30



# Sunnyvale Middle School



No permit for here



# Cupertino Middle School



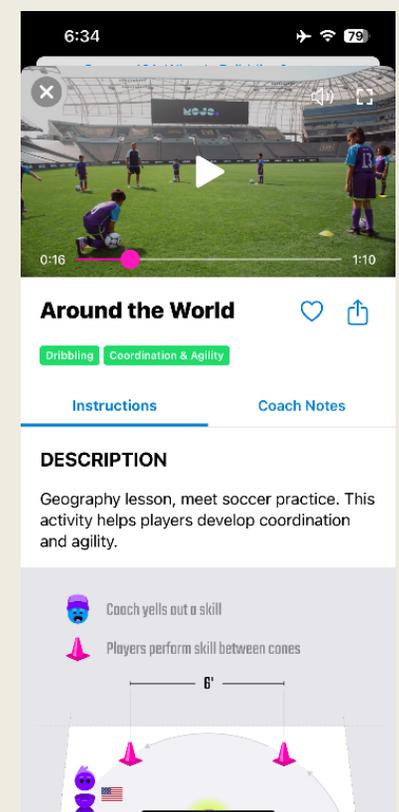
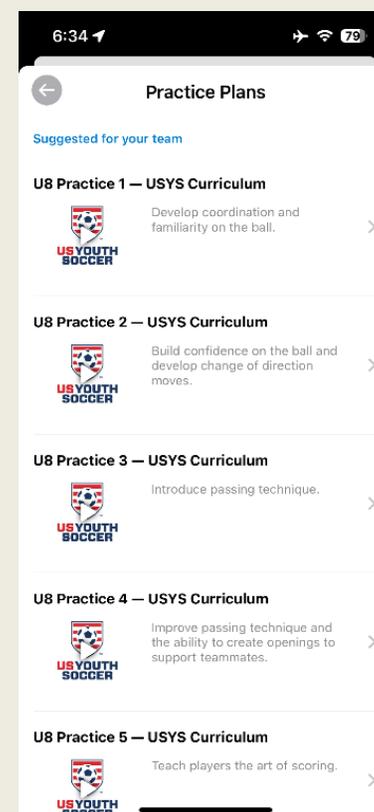
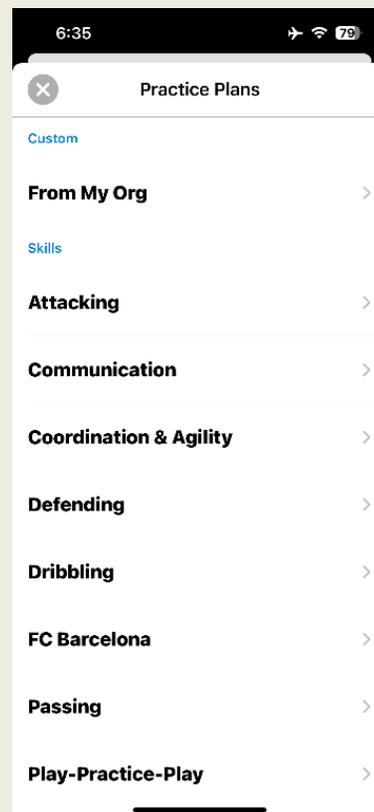
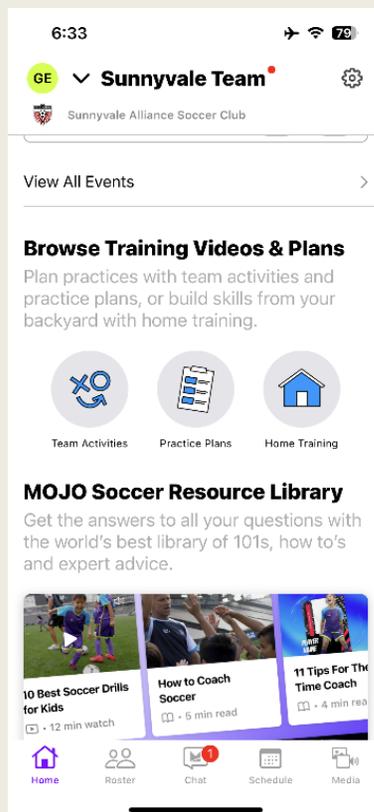
# Safety & Risk Management

- Sunnyvale Emergency: (408) **736-6244**
  - If in doubt, call **9-1-1**
- Sunnyvale Non Emergency: (408) **730-7100**
  - E.g. for dogs off leash
- It's illegal to smoke or use electronic cigarettes within 250 feet of a youth sports event. E-cigarettes have been added to tobacco in the laws that prohibit smoking in other places.



# MOJO

- This is a resource of activities for coaches only, not players/parents
- SASC has registered each recreational coach on the MOJO site (you can add assistants)
- Unlimited access to many age-appropriate practice plans, activities and videos





# SUNNYVALE ALLIANCE SOCCER CLUB

General Information ▾

Recreational Soccer ▾

Competitive Soccer ▾

Tournaments

Online Registration ▾

SASC BYGA Login

This presentation and other links

- Program Overview
- Key Dates
- Game Schedules/Fields
- Age Group Rules
- U6-U8 Program Information
- Information for Parents
- Information for Coaches
- Online Coaching Resources

- Recreational League
- Sunnyvale@Soccer Classes
- Competitive Players
- Summer Camps
- Winter Training
- All Coaches / Adults

USYS	Expiration Date	25/26	26/27	
California North Youth Soccer Association Requirements				
Live Scan - SCOTT'S VALLEY	None	Fulfilled	Fulfilled	Details
Live Scan	None	Fulfilled	Fulfilled	Details
Safe Sport	07/31/2026	Fulfilled	Expired	Details
Intro to Safety	07/31/2026	Fulfilled	Expired	Details
Background Check	07/31/2026	Fulfilled	Expired	Details

### SASC in-house Age Divisions

Age Group Schedule	Field Information	Goal Assembly Instructions	
U6 Boys	U6 Girls	Serra Park	U6 - Bring your Pugg goals
U7 Boys	U7/8 Girls	West Valley Elementary	U7 + U8 Goal Assembly
U8 Boys			
U10 Boys	U10 Girls	De Anza Park	Goal Assembly

### U12 Division - combined with Santa Clara YSL

Age Group Schedule	Home Field Information	Goal Assembly Instructions
U12 Boys	Cupertino Middle School Track field	
U12 Girls	Cupertino Middle School Baseball field	CMS Goal Instructions

### U14 & U16 Divisions - NorCal Super Rec League

Age Group Schedule	Home Field Information	Goal Assembly Instructions
U14 Boys	Columbia Middle School South Field	Columbia Goal Instructions
U14 Girls		
U16 Boys		
U16 Girls		

## U6 Boys

Vargas	9:00	10:00	11:00
	A	A	A
3/15/2025	3 v 4	5 v 6	1 v 2
3/22/2025	6 v 2	5 v 3	4 v 1
3/29/2025	4 v 5	1 v 6	2 v 3
4/5/2025	2 v 4	1 v 5	3 v 6
4/12/2025	4 v 3	6 v 5	2 v 1
4/26/2025	5 v 4	6 v 1	3 v 2
5/3/2025	2 v 6	3 v 5	1 v 4
5/10/2025	6 v 3	5 v 1	4 v 2
5/17/2025	2 v 5	1 v 3	4 v 6

Team#	Coach Name	Jersey Color
1	Silva	Red
2	Guardado	Green
3	Richy	Black
4	Arcelona	Blue
5	Khungar	Lime
6	Ramirez	Silver

## West Valley Elementary

1635 Belleville Way



### Assembly Instructions for 5'x10' Goals FOR U7/U8G (Applies SA-GS1002)

- Goal bag contains the following:
- Two side posts & blue/green net
  - Two corner posts B: 1 top (Blue), 1 bottom (Brown)
  - Two corner posts with snap buttons C: 1 top (Blue), 1 bottom (Brown)
  - Two bottom posts D (green)
  - 1 net
  - 1 red back with 1 Mallet and 4 stakes
  - 2 corner flags (maybe not)

#### Goal Assembly

- Carry the bag to the goalie box
- Assemble the goal frame using the push button
  - Blue tape is the top
  - Blue/green on sides
  - Brown on ground

- Unfold net and find the two top corner lags
- Drrape the net over the goal and attach the top corner lags to the top corners of the goal using the net clips.
- Fasten the net to the rest of the top and side bars.
- Flip the goal down with the brown tape bottom up and repeat the attachment process. You can tighten the goal to your preference.

- Position the goal behind the line.
- Stake the goal to the ground to prevent it from flipping over and hitting the kids - two stakes on both sides and two in the back.



# Coach Newsletters

The online coaching page on our website has links to all the newsletters that you will receive this season



**#1: COACH & ASSISTANT REGISTRATION**

**UPCOMING DATES**  
 2/12: Registration closes  
 2/26: On-line coach meeting  
 3/1: On-field coach training (for licensed coaches)  
 3/3: First week of practice  
 3/15: First game weekend

**DUE NOW**  
**REVIEW YOUR REQUIREMENTS**

- Double check your online requirements in GotSport and make sure everything is up-to-date for soccer year 24/25
- To comply with CA AB506, we require all adults working in our youth sports program to complete the Mandated Reporter Training. It only needs to be completed once, and you have a one season grace period
- Full instructions are on our website: [www.sunnyvalesoccer.org/comp/registration\\_coaches.html](http://www.sunnyvalesoccer.org/comp/registration_coaches.html)

If you have **ANY QUESTIONS**, please contact us at [recreation@sunnyvalesoccer.org](mailto:recreation@sunnyvalesoccer.org) OR [recreation@sunnyvalesoccer.org](mailto:recreation@sunnyvalesoccer.org)  
 We are here to help!



**SUNNYVALE ALLIANCE SOCCER CLUB**

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**Coach Newsletter Archive**

Throughout each season, we send our coaches a series of newsletters containing useful information. Click on the thumbnails below to see the complete newsletter.

- #1 Coach/Assistant Registration  
[Adult Registration](#)
- #2 Pre-Season Events  
[Pre-Season Events](#)
- #3 Parent Meeting  
[Sample emails](#)
- #4 Practice makes Permanent  
[Practice Plans \(see below\)](#)  
[Make it game like: Per-age-group rules](#)  
[4v4 game video](#)  
[Restarts](#)
- #5 Who wants to be a Goalkeeper?  
[Goalie Wars](#)  
[GK Restarts for U7-10](#)
- #6 Player Safety  
[Emergency Action Plan](#)
- #7 Can't do a don't  
[Can't do a don't](#)
- #8 Everyone Plays  
[Everyone Plays](#)



**#4: PRACTICE MAKES PERMANENT**

**Practice Setup**

Have a plan  
 club lesson plan, MOJO  
 Expectations of treatment of teammates  
 respect, inclusion, personal space...  
 Show parents where to sit  
 keep the playing area clear

**Practice Activities**

Incorporate as much movement as possible  
 Avoid lines, laps and lectures  
**Make it safe**  
 Have players run back and return balls around activities  
**Make it game-like**  
 Does it relate to the game that will be played at the weekend?  
**Practice and enforce the appropriate restarts**  
 Kick-ins vs. Throw-ins/Corner-Kicks, Goalkeeper distribution...  
**U7+: Incorporate the goalkeeper and enforce goal area**

**Due Now**  
 • GotSport.com  
 • Mandated Reporter



# Parent Meeting (Zoom?)



- Practice day/time/location
- Recruit Asst. Coach
- Set expectations
  - drop-off & pick-up
  - sideline decorum
  - coaching vs. cheering
  - communication
  - parent-ref U6/7
  - goal set-up for U7+
  - porta-potty lock/unlock
- Safety
  - Shin guards
  - jewelry
- Absences (vacation)
- Game-day challenges
- Solicit help (snacks/party)



# What you need to do...

- If not already, complete the registration process ASAP
  - **Livescan, Background Check, SafeSport & Intro to Safety Training**
- Paperwork
  - Submit form to request additional equipment if needed
  - Select uniform color for your team
  - Provide any scheduling constraints (by the end of Sunday August 17<sup>th</sup>)
- Come to **DeAnza Park** – Saturday, August 16<sup>th</sup>
  - Age-appropriate **coach training** sessions with Coach Andrew
  - Pick up your **equipment & uniforms**, even practice CPR!
- **Communicate with your team**
  - Contact players, hold a parents meeting (Zoom?)
  - Recruit assistant coach(es) → get them registered
  - Select your practice time & location
- Start practicing

Check  
your  
email for  
links

PLAY



# Questions?

Have Fun!

